


18 July 2024

C182809



Tēnā koe 

Thank you for your request of 31 May 2024 to the Department of Corrections – Ara Poutama Aotearoa, requesting information about the effectiveness of rehabilitation programmes. Your request has been considered under the Official Information Act 1982 (OIA).

Rehabilitation programmes are one of a number of activities prisoners take part in during their sentence. Corrections provides a wide range of services to assist with the reintegration of people in prison. These include health services, mental health and addiction programmes, cultural support services, educational opportunities, vocational and employment training, motivational sessions, offence-focused programmes, wrap-around whānau support, reintegration services, intensive residential programmes, and transitional accommodation support.

In prisons, case managers work with people one-on-one to identify their rehabilitation needs and match these with available programmes to be completed throughout their sentence. Each person's rehabilitative and reintegrative pathway is unique and based on many considerations including the nature of their offending, their risk of re-offending, their motivation to change, their physical and mental wellbeing, and the support they have around them.

There are a variety of reasons why people may not be engaging with rehabilitation programmes at a particular point in time, including unwillingness to engage or the length of their sentence being too short to participate in a specific programme. In addition, prisoners may have recently completed a rehabilitation programme and not yet commenced another programme.

You requested the following information. Please note that for ease of response, your questions have been reordered and some questions are answered together.

*Reports and evaluations on the effectiveness of rehabilitation programs at public prisons in New Zealand.*

*Similar reports and evaluations for private prisons, particularly focusing on the Wiri facility.*

*Comparative data on recidivism rates for participants in rehabilitation programs versus those who did not participate.*

*Success metrics used to evaluate the rehabilitation programs, such as employment rates post-release, reduced reoffending rates, and participant feedback.*

Corrections uses the Rehabilitation Quotient (RQ) to measure the impact that our interventions have on reoffending. Reoffending is measured in terms of reimprisonment rates and rates of resentencing to a Corrections' managed sentence. The RQ compares the reimprisonment and resentencing rates of people who have participated in an intervention, with the reoffending rates of similar people (matched through a range of factors) who have not participated in either that specific intervention or a similar type of intervention.

Auckland South Corrections Facility (ASCF) is managed under a Public Private Partnership with Serco and is New Zealand's only privately run prison. ASCF provides a number of rehabilitation programmes from the suite of programmes provided in prisons managed by Corrections, including the Medium Intensity Rehabilitation Programme (MIRP), Short Rehabilitation Programme (SRP), Alcohol and Other Drugs Intermediate (AOD-I) and Alcohol and Other Drugs Brief (AOD-B) programmes. These programmes were designed by Corrections and published RQ statistics include these programmes' participants at ASCF. It is expected that ASCF will run their rehabilitation programmes exactly the way they are designed, so performances are directly comparable.

Corrections publishes information on our RQ measures and scores in our Annual Reports, which are available to view on our website here:

[https://www.corrections.govt.nz/resources/strategic\\_reports/annual-reports](https://www.corrections.govt.nz/resources/strategic_reports/annual-reports).

Therefore, your request for information on reports and evaluations on the effectiveness of rehabilitation programmes in private and public run prisons, and the effectiveness of rehabilitation programmes on participants versus people who have not engaged in rehabilitation, and the metrics used to evaluate these rates, is refused in accordance with 18(d) of the OIA, on the grounds that it is publicly available information.

The 2022/23 Annual Report, pages 201 to 202, contains information on how we measure the RQ as well as the latest RQ scores:

[https://www.corrections.govt.nz/data/assets/pdf\\_file/0007/50578/Annual\\_Report\\_2023\\_v20.pdf](https://www.corrections.govt.nz/data/assets/pdf_file/0007/50578/Annual_Report_2023_v20.pdf).

Corrections' 2023/24 Annual Report will be published in due course.

Please note that not all rehabilitation programmes run in prisons are able to be assessed by the RQ, for example, due to the participation size being too low to accurately measure the RQ. If you are interested in reports or evaluations on a specific programme, not already listed in Annual Reports, please let us know as we may hold alternative evaluations on record for certain programmes.

*Details on the types of rehabilitation programs offered, including educational, vocational, mental health, and substance abuse programs.*

Please see attached as Appendix One, Corrections' Rehabilitation Programmes catalogue, current as of July 2024, which contains information on offence focussed rehabilitative programmes we offer. Please note that some administrative information in the catalogue has been withheld as it is not considered within scope of your request.

As noted above, each person's rehabilitative and reintegrative pathway is unique and based on many considerations. Corrections' aim is for people to participate in the right programme or intervention to suit their specific needs, at the right time.

Further information on the types of rehabilitation programs offered, including educational, vocational, and substance abuse programmes is publicly available on our website here: [https://www.corrections.govt.nz/our\\_work/in\\_prison/employment\\_and\\_support\\_programmes](https://www.corrections.govt.nz/our_work/in_prison/employment_and_support_programmes).

Additionally, information on our mental health services is also publicly available in Annual Reports. For example, we direct you to pages 56 to 57 of the 2022/23 Annual Report.

Furthermore, specific information on programmes and interventions offered at ASCF are available on their website here; <https://www.serco.com/aspac/our-work/justice/information-for-friends-and-family/auckland-south-corrections-facility>.

*Information on the funding and resource allocation for rehabilitation programs in both public and private prisons.*

For financial reporting purposes, Corrections defines rehabilitation-related services as offence-based programmes, mental health and addictions support and other rehabilitation programmes designed to address the cause of offending. This excludes training and education, offender employment or other reintegration services such as housing support services.

Rehabilitation related services, including rehabilitation programmes, are delivered to both community-based offenders and people in prison. A number of Corrections workforce groups and contracted service providers deliver rehabilitation services to both cohorts. Costs are aggregated at total rehabilitation spend level. Attributing costs to prisoner and

offender cohorts is not easily determined because of these workforce and service delivery cross overs.

The below table provides the Department of Corrections' total spend on rehabilitation related services for the 2021/22 and 2022/23 financial years:

Rehabilitation Spend per Financial Year	2021/22	2022/23
Rehabilitation-related services actual spend (\$ millions)	140	152
Vote Corrections operating baseline per the Supplementary Estimates (\$ millions)	1,942	2,079
Percentage of baseline	7.2%	7.3%

The rehabilitation spend figures above are inclusive of Auckland South Corrections Facility.

Further information on Corrections' revenue and expenses can be found in the Annual Reports, published in the 2022-23 Annual Report from page 143 here;

[https://www.corrections.govt.nz/data/assets/pdf\\_file/0007/50578/Annual\\_Report\\_2023\\_v20.pdf](https://www.corrections.govt.nz/data/assets/pdf_file/0007/50578/Annual_Report_2023_v20.pdf).

*Case studies or examples of successful rehabilitation outcomes in both public and private prisons.*

Case studies on examples of successful rehabilitation outcomes in prisons have been published in the 2022-23 Annual Report available here;

[https://www.corrections.govt.nz/data/assets/pdf\\_file/0007/50578/Annual\\_Report\\_2023\\_v20.pdf](https://www.corrections.govt.nz/data/assets/pdf_file/0007/50578/Annual_Report_2023_v20.pdf).

Please refer to *Case study: Tēnei Au, Tēnei Au one year on*, which starts from page 78, *Case study: Te Tirohanga celebrates 25 years* from page 81, and *Case study: Laying the foundations for participation*, which begins from page 92.

Serco has advised that there have been no case studies published on rehabilitation outcomes, specifically for programmes run from ASCF. Therefore, this part of your request as it relates to private prisons is refused under section 18(e) of the OIA, as the document alleged to contain the information requested does not exist.

As per section 18B of the OIA, we have considered whether consulting with you would enable the request to be made in a form that would remove the reason for the refusal. However, as ASCF is the only privately run prison in New Zealand, we do not consider that the request can be refined in this instance.

Please note that this response may be published on Corrections' website. Typically, responses are published quarterly or as otherwise determined. Your personal information including name and contact details will be removed for publication.



I hope this information is helpful. I encourage you to raise any concerns about this response with Corrections. Alternatively, you are advised of your right to raise any concerns with the Office of the Ombudsman. Contact details are: Office of the Ombudsman, PO Box 10152, Wellington 6143.

Ngā mihi

A handwritten signature in blue ink, appearing to be 'Leigh March', written in a cursive style.

Leigh March  
Commissioner Custodial Services

# Department of Corrections Rehabilitation Programmes Information July 2024



## Table of Contents

<b>Page 3</b>	<b>Programme attendance/ barriers/ exits</b>
<b>Pages 4 – 25</b>	<b>Rehabilitation Programmes (medium intensity)</b>
<b>Pages 26 – 49</b>	<b>Psychology Programmes (including sexual offending)</b>

## Course Attendance

Programme attendance is secured and provided to men and women who not only meet the entry criteria for that course but show they are motivated to attend and can work well within a group environment. Programmes are run either in the current unit they are in or may involve moving to a specific site or location to complete that rehabilitative programme.

## Barriers to Attendance

Barriers to attending programmes include low motivation to attend, refusal to acknowledge offending and the need for engagement in rehabilitation for that offending as well as current/ recent behavioural issues or misconducts. Custodial staff and programme providers looking to offer places to men and women in their therapeutic focused units must maintain a safe environment for the participants and staff alike to achieve the best results for those in attendance.

## Exits

To maintain the effective environments the staff of each unit act upon unsafe behaviour or activity within these units. This aids the programme intakes to remain successful and ensure the best possible outcomes for those in attendance. In general, across all programmes, the reasons for someone to be removed from a rehabilitation programme will fall into the following categories.

- Dangerous or unsafe behaviour towards others (stand overs, physical violence)
- Unmotivated or disruptive behaviour (failure to complete and engage with course work, acting out in class)
- Contraband found or used. Positive drug tests.
- Harassment (mental, physical/ sexual)
- Exceeding the number of permitted absences

## Scheduling

Scheduling of programmes is largely undertaken by individual sites and is the responsibility of the regions.

## Medium Intensity Rehabilitation Programmes

### Mauri Tū Pae (MTP) at Te Tirohanga and NRCF

This is a bicultural rehabilitation programme and is considered an equivalent to the Medium Intensity Rehabilitation Programme. This programme includes a specific Māori cultural perspective and builds on a foundation provided by the kaupapa of the Te Tirohanga Units and Tikanga Māori educational programmes. Mauri Tū Pae is offered as phase two of Te Tirohanga located in units at Tongariro Prison, Waikeria Prison, Whanganui Prison, Hawkes Bay Regional Corrections Facility and Rimutaka Prison. It is also offered as a standalone programme at Northland Region Corrections Facility (NRCF).

The objective of this programme is to assist tāne to understand how their thoughts, attitudes and behaviours led to their offending and assist them to develop strategies for maintaining any positive change. It includes constructing an offence map, challenging attitudes and thinking that support offending, managing emotions, managing relationships and managing conflicts, as well as developing safety plans. This is done with a Māori cultural lens.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence related, problem thinking and feelings
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitation need and a health issue
- Interpersonal skill deficits and relationship difficulties.

### TARGET GROUP



Mauri Tū Pae is a group-based programme, delivered by Māori service providers, for men with a range of offending needs.

## ELIGIBILITY CRITERIA

- Age – Any
- Gender – Male
- Medium risk of re-offending following the sentence being imposed (RoC\*RoI 0.3 to <0.7)
- Offence Type - Any offence type that is not of a sexual nature may be eligible. 3rd and Subsequent alcohol or drug related driving offence are automatically eligible, regardless of RoC\*RoI
- Culture – open to all cultures and nationalities

## SECURITY CLASSIFICATION

- Minimum to Low Medium at Waikeria, Hawkes Bay, Whanganui, NRCF and Rimutaka
- Minimum to Low at Tongariro for those on segregation

## LOCATIONS AVAILABLE

**Prison:** Mauri Tū Pae is offered as phase two of Te Tirohanga located in units at Tongariro Prison, Waikeria Prison, Whanganui Prison, and Hawkes Bay Regional Corrections Facility. It is also offered as a standalone programme at Northland Region Corrections Facility (NRCF).

## DURATION

- Mainstream - 55 sessions @ 2.5 hours; a total of 137.5 hours
- Segregated - 55 sessions @ 2.5 hours; a total of 137.5 hours



## Mauri Tū Pae Maintenance Programme (MTPMP)

Mauri Tū Pae and its Maintenance Programme are based upon a bicultural foundation guided by the cycle principles of Mauri:

**Mauri Noho** (Languishing Mauri), **Mauri Tū** (Restoring Mauri), **Mauri Oho** (Flourishing Mauri), **Mauri Tū Pae** (Fully Restored, Flourishing and Maintained Mauri) (M Durie).

The overarching goal of the programme is to increase wellbeing and reduce re-offending.

These are achieved through three ngā whāinga/goals:

1. **Whakaohoho:** To help tāne maintain their motivation to change/remain in Mauri Tū Pae.
2. **Arotake me Whakapakari:** To help tāne review and consolidate skills and mātauranga learnt on the programme by applying them to situations in their life post-programme. Practicing and applying skills will support Mauri Tū Pae and wellbeing.
3. **Taunaki:** To help tāne needs they may continue to have post-programme and identify further support networks or skills which may help them manage these needs.

The Maintenance Programme is delivered within prisons with follow up sessions in the community. It consists of:

1. Monthly 1.5-hour group sessions to be facilitated at sites that deliver Mauri Tū Pae. The number of sessions attended remains flexible for individuals based on their offender plan. These sessions are optional but may be subject to recommendations to engage in sessions. Be aware that not all graduates will have the availability to this service.
2. Three required individual sessions. These are to be delivered in the community once released. However, the first of the three sessions may be delivered directly prior to release. These sessions are a compulsory component of the programme and required in order to complete the Programme. The sessions may involve whānau and can be delivered virtually or in-person, and at non-corrections community sites (e.g., marae, home, etc.).

## TARGET GROUP

Mauri Tū Pae Maintenance Programme use group, individual and whānau-based sessions both in prison and in the community. It is delivered by Māori service providers, for men who have completed Mauri Tū Pae programme on the current sentence.

## ELIGIBILITY CRITERIA

To be eligible for placement on the Mauri Tū Pae Maintenance Programme, individuals must have successfully completed a Mauri Tū Pae Programme on their current sentence. If an approved override was made to attend the Mauri Tū Pae Programme this remains in effect for Mauri Tū Pae Maintenance Programme.

### Note:

- Occasionally participants can complete Mauri Tū Pae but are then further recommended other programmes or treatment on the same sentence. In the case that they repeat a Medium Intensity Programme, or are referred to psychologists (e.g., to complete an STU programme), they may no longer be eligible/appropriate for MTPMP.
- Those who started but did not finish Mauri Tū Pae are not eligible (e.g., exited).
- Individuals who have completed a Mauri Tū Pae programme on a previous sentence are not eligible for referral to Mauri Tū Pae Maintenance unless the full programme is undertaken again.
- Individuals who have completed a rehabilitation programme other than the Mauri Tū Pae (e.g. Medium Intensity Rehabilitation Programme – MIRP; Saili Matagi; Special Treatment Unit for Tāne with Violent Offending – STU:VO) are not eligible for this programme.
- Individuals who have completed stand-alone alcohol and other drug programmes (e.g., the Intensive Treatment Programme - ITP; Drug Treatment Programme – DTP; or Tāmaua te Koronga Youth Focused AOD programme) but not Mauri Tū Pae are not eligible for this programme.
- Individuals who are located in the Te Tirohanga units but have not yet completed the Mauri Tū Pae programme are not eligible for this programme.

## COMPLETION CRITERIA – IMPORTANT

In order to complete the programme, **only the individual community sessions are compulsory**. All graduates have access to community sessions, whereas some prison graduates may not have access to prison-based sessions due to availability, movements, etc.

## ENTRY CRITERIA - PRISON

- Have signed the consent form agreeing to complete the Mauri Tū Pae Maintenance Programme.
- Have the appropriate security classification for the facility the programme is delivered in.
- **Are able to access the unit or site where the group maintenance is delivered.** Note: Some participants may move to prisons which do not have MTPMP, or to units within a prison (e.g., high security) where movements are not possible. Therefore, not all graduates of MTP will be able to access MTPMP in prison (but all can access it in the community).

## LOCATIONS AVAILABLE

- **Prison:** Each graduate will be automatically opted into a rolling group MTPMP delivered monthly at the sites which deliver Mauri Tū Pae programme. They are **not required**, so people can opt out, or be unable to attend (e.g., at a different site).
- **Community:** Each graduate will be referred for three individual maintenance sessions in the community with MTP providers. These are **required for completion**. More sessions are possible on a case-by-case basis. All participants return to the provider who delivered their MTP programme. In some cases, this may mean remote delivery.

## DURATION

- **In prison:** No minimum or maximum amount. Monthly sessions to be offered at sites which deliver Mauri Tū Pae programme (only).
- **In community:** Three individual maintenance sessions. These can include whānau and be delivered via technology or kanohi ki te kanohi (face to face). More sessions available on request.

## TIMING

- Tāne are referred to prison monthly sessions after programme completion.
- Tāne are referred to community sessions on release.

## Tikanga Māori Motivational Programme

The Tikanga Māori Motivational programme offers a range of culturally-responsive motivational programmes for people in the Corrections' care who identify as Māori. The programme is designed to motivate participants to fully engage in rehabilitation programmes by supporting them to understand their cultural identity and encouraging them to embody the kaupapa and tikanga of their tipuna. It is based on common Tikanga values (manaakitanga, whānaungatanga, rangatiratanga and wairuatanga) but gives providers flexibility to deliver programme content that reflects local customs and culture.

### TARGET OFFENDER GROUP

The Tikanga Māori Motivational Programme is a kaupapa Māori base programme focused on offenders who identify as Māori and whose motivation has been identified as low or a potential barrier that could prevent them from pursuing further rehabilitative programmes.

### ELIGIBILITY CRITERIA

- Age – Any
- Gender – Male and Female
- Culture – Māori

### SECURITY CLASSIFICATION

Minimum to Low Medium

### LOCATIONS AVAILABLE

All prison and community sites

### DURATION

4 days



## Short Rehabilitation Programme for Men

The Short Rehabilitation Programme for Men (SRP- M) assists men to alter the thoughts, attitudes and behaviour that led to their offending, and aids them to develop strategies for maintaining any positive changes.

The programme content is responsive to the cultural needs of Māori tāne. This includes the use of Te Whare Tapa Whā model of balance and well-being.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence related, problem thinking and feelings
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitation need and a health issue
- interpersonal skill deficits and relationship difficulties.

### TARGET GROUP

The SRP- M is a small group programme for males aged 20 years and above with a medium risk of re-offending and identified rehabilitation needs.

Men should only be referred for a SRP- M when they are in locations where the Medium Intensity Rehabilitation Programme (MIRP) is unable to be provided, or there are barriers which would preclude them from attending a MIRP e.g. insufficient time remaining on their sentence. The programme is run in small groups of no more than four participants.

### ELIGIBILITY CRITERIA

- Age – 20 years of age or older

- Gender – Male
- Medium risk of re-offending following the sentence being imposed (RoC\*RoI 0.3 to <0.7)

## SECURITY CLASSIFICATION

Appropriate to the facility where the programme is held, excluding men with a maximum-security classification.

## LOCATIONS AVAILABLE

Prison (All sites except for SHCF) and community.

## DURATION & TIMING

- 24 sessions of 2.5 hours 2 to 4 days a week

In prison:

- If the prisoner's sentence is under two years attendance at the programme should finish prior to their Statutory Release Date (SRD).
- Prisoners who have not yet reached their parole eligibility date (PED) are considered eligible for this programme.



## Te Whare Hāpai Tangata

*Te Whare Hāpai Tangata is a consolidation of the Department's medium intensity youth programmes, Mauri Toa Rangatahi and the WHARE Programmes, both of which were being phased out between Dec 2020 and June 2021 and replaced with Te Whare Hāpai Tangata.*

Te Whare Hāpai Tangata means 'the house which uplifts people'. It is a strengths-based and holistic offence-focussed rehabilitation programme designed specially to engage young adults.

The programme weaves together Western psychological tools and principles (Cognitive Behavioural Therapy) with Te Ao Māori approaches to identity and wellbeing (e.g., Te Tuakiri o te Tangata, pūrākau, Te Whare Tapa Whā etc). Te Whare Hāpai Tangata consists of six modules, each consisting of group sessions, individual sessions, experiential learning activities, and support sessions or whānau hui.

As part of the programme at Christchurch Men's and in the Christchurch community, a wrap-around support/reintegration mentor works intensively with each participant to ensure that needs such as accommodation, whānau support, and employment etc are identified and worked on while the participants are on the programme. This support/reintegration service runs throughout the programme and continues post-programme (3 months post-programme for community-based participants, and 6 months post-release for prison-based participants).

### TARGET GROUP

Te Whare Hāpai Tangata targets young men 24 years and under with medium risk of re-offending and any offence type except for sexual offending.

The programme is run in prisons and in the community.

It combines both rehabilitation and reintegration and so is suitable for young men who need additional support post-programme.

## ELIGIBILITY CRITERIA

- Age: 24 and under
- Gender: Male
- Risk: Medium risk of re-offending following sentencing – those who have a RoC\*RoI 0.15 to <0.69 are assessed for suitability
- Open to all offence types, with the exception of sexual offending.
- Willingness to engage
- Sentence length: Must have sufficient length of sentence to complete the rehabilitation component of the programme (i.e., approximately 14 weeks).

## SECURITY CLASSIFICATION

Minimum to high, and appropriate to the facility where the programme will be held

## LOCATIONS AVAILABLE

The programme will be available in Northland Region Corrections Facility, Otago Corrections Facility, Waikeria Prison, Hawkes Bay Regional Prison, Manawātū Prison and Christchurch Men's Prison. In the community, the programme is being offered in Wellington, Auckland, Hamilton, Southland, Christchurch and Hawkes Bay.

## Medium Intensity Rehabilitation Programme (MIRP)

The Medium Intensity Rehabilitation Programme (MIRP) assists males to alter the thoughts, attitudes and behaviour that led to their offending, and aids them to develop strategies for maintaining any positive changes.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence related, problem thinking and feelings
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitation need and a health issue
- interpersonal skill deficits and relationship difficulties.

### TARGET GROUP

The MIRP is a group-based programme for males aged 20 years and above with a medium risk of re-offending and identified rehabilitation needs. Any offence type (excludes index offending that is sexual)

### ELIGIBILITY CRITERIA

- Age: 20 years or older at the start of the programme
- Gender: Male
- Risk: Medium risk of re-offending following the sentence being imposed (RoC\*RoI 0.3 to <0.7)

#### Specific eligibility:

- Individuals with an index offence of domestic violence and a RoC\*RoI between 0.5-0.69 should be referred to MIRP rather than the Family Violence Programme.

- Individuals serving a custodial sentence who are on an Indeterminate Life Sentence (but not Preventive Detention) and meet the eligibility criteria require a psychologist's assessment to assess their suitability for referral to this programme.
- Individuals serving a custodial sentence of Preventive Detention are not eligible for the Medium Intensity Suite of Programmes and need to be referred to Psychological Services for intervention.
- Individuals who have an index sexual offence are not normally eligible for entry into the programme however; those with sexual convictions may be accepted into the programme on a case-by-case basis, in consultation with Psychological Services.
- Individuals with (non-sexual) offences against children will be considered on a case-by-case basis and requires consultation with Psychological Services.
- Individuals whose index offending is for 3rd or subsequent Alcohol and Drug related driving offences with a RoC\*RoI below 0.3 are automatically eligible for an over-ride into the medium risk band.

## SECURITY CLASSIFICATION

Minimum to High, and appropriate to the facility where the programme is held.

## LOCATIONS AVAILABLE

All Prison and some community sites.

## DURATION

14 weeks, 53 sessions, 4 times a week for 2.5 hours



## Saili Matagi

Saili Matagi assists men to identify and change beliefs, attitudes and behaviours that have resulted in violent offending. The programme aims to reduce intergenerational violence and the likelihood of re-offending. The programme is based on the Pacific nations' cultural principles and delivered through a "proverbial language" approach. The therapeutic approach incorporates Pasifika Matua within the delivery of group sessions to transfer the cultural values, beliefs and concepts that are familiar to men of Pasifika cultures.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence related, problem thinking and feelings
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs as a rehabilitation need
- interpersonal skill deficits and relationship difficulties

## TARGET GROUP

Saili Matagi is a group-based programme for men who identify as being of Pacific descent.

## ELIGIBILITY CRITERIA

- Age: 20 and over
- Gender: Male
- Risk: Medium risk of re-offending following the sentence being imposed (RoC\*RoI 0.3 to <0.7)

Specific Eligibility:

- Individuals serving Preventative Detention sentences are not eligible and need to be referred to Psychological Services for intervention.
- Those with sexual offences are not normally eligible for entry into the programme. However, offenders with historical sexual convictions may be accepted into the programme on a case-by-case basis in consultation with Psychological Services.
- Offenders whose index offending is for 3rd or subsequent Alcohol and or Drug related driving offences with a RoC\*RoI below 0.3 are automatically eligible for override into the medium risk band.

## SECURITY CLASSIFICATION

Minimum to Low Medium

## LOCATIONS AVAILABLE

Spring Hill Corrections Facility

## DURATION

17 weeks, 55 sessions, 4 times a week for 2.5 hours.



## Short Rehabilitation Programme for Women

The programme helps participants examine the cause of their offending and develop specific skills to reduce the likelihood of them re-offending. The programme content incorporates a relational approach, taking into account the different ways that women relate to others and form attachments.

Other factors considered are the abuse and victimisation of the women themselves, and substance abuse as it relates to the offence process. However, when these issues are identified as needs, the women are referred to specialist services.

The key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- thinking and feelings
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitative need and a health issue
- relationship difficulties

### TARGET GROUP

The Short Rehabilitation Programme for Women is a rehabilitation programme that targets females. The programme is run in a small group of no more than four participants. Women should only be referred for a SRP-W when they are in locations where a Kōwhiritanga programme is unable to be provided, or where there are barriers which would preclude them from attending a Kōwhiritanga programme e.g. insufficient time remaining on their sentence to complete a Kōwhiritanga programme, or inability to work in a large group setting.

## ELIGIBILITY CRITERIA

- Age: Any
- Gender: Female
- Risk: Women under 0.5 RoC\*RoI are considered automatically eligible.
- For women above 0.5 RoC\*RoI referral for psychological assessment is required. Only those recommended as suitable by the psychologist will be considered eligible to attend.

### Specific criteria:

- Individuals serving a custodial sentence who are on an Indeterminate Life Sentence (but not Preventive Detention) and meet the eligibility criteria require a psychologist's assessment to assess their suitability for referral to this programme. Persons serving Preventive Detention are not eligible for the Medium Intensity Suite of Programmes and will continue to be referred to Psychological Services for intervention.
- Women convicted of sexual are not normally eligible for entry into the programme. However, women with historical sexual convictions may be accepted into the programme on a case-by-case basis in consultation with Psychological Services.
- Women with (non-sexual) offences against children will be considered on a case-by-case basis and require consultation with Psychological Services.
- Women whose index offending is for 3rd or subsequent Alcohol and or Drug related driving offences with a RoC\*RoI below 0.3 are eligible for override into the medium risk band.

## SECURITY CLASSIFICATION

Appropriate to the facility the programme is delivered in.

## LOCATIONS AVAILABLE

Women's Prison and Community Probation sites.

## DURATION

24 sessions of 2.5 hours 2 to 4 days a week

## Kōwhiritanga

Key factors targeted for change by the programme are:

- violence propensity
- anti-social attitudes
- offence related/ problem thinking and feelings
- criminal associates
- poor self-control and impulsivity
- self-management and problem-solving skills
- alcohol and drugs, as both a rehabilitation need and a health issue
- relationship difficulties

The programme incorporates a relational approach to delivery, which takes into account the different ways that women relate to others and form attachments. Other factors considered are the abuse and victimisation of the women themselves, and substance abuse as they relate to the offence process. However, when these issues are identified as needs, the women are referred to specialist services.

## TARGET OFFENDER GROUP

Kōwhiritanga is a group-based programme for female participants with identified rehabilitation needs.

## ELIGIBILITY CRITERIA

- Age: Any
- Gender: Female.
- Risk: Women under 0.5 RoC\*RoI are considered automatically eligible.
- For women above 0.5 RoC\*RoI referral for psychological assessment is required. Only those recommended as suitable by the psychologist will be considered eligible to attend.  
When a psychologist and a facilitator co-deliver Kōwhiritanga women of all risk bands are considered eligible.

- When Kōwhiritanga is delivered by two facilitators, only women under 0.5 RoC\*RoI will be considered automatically eligible.

**Specific criteria:**

- Individuals serving a custodial sentence who are on an Indeterminate Life Sentence (but not Preventive Detention) and meet the eligibility criteria require a psychologist's assessment to assess their suitability for referral to this programme.
- Individuals serving a custodial sentence of Preventive Detention are not eligible for the Medium Intensity Suite of Programmes and need to be referred to Psychological Services for intervention.
- Women convicted of sexual offences are not normally eligible for entry into the programme. However, those with historical sexual convictions may be accepted into the programme on a case-by-case basis in consultation with Psychological Services.
- Women with (non-sexual) offences against children will be considered on a case-by-case basis and require consultation with Psychological Services.
- Women whose index offending is for 3rd or subsequent Alcohol and or Drug related driving offences with a RoC\*RoI below 0.3 are eligible for override into the medium risk band.

## SECURITY CLASSIFICATION

Appropriate to the facility where the programme is held.

## LOCATIONS AVAILABLE

All women's prisons and community. *Please note if an adequate cohort for Kōwhiritanga is unable to be brought together then a SRP-W will be run to meet their treatment needs.*

## DURATION

- Community: 10 weeks, 40 sessions of 2.5 hours for 4 times per week in the community
- Prison: 15 weeks, 56 sessions of 2.5 hours for 4 times per week



## Short Motivational Programme - Revised

The Short Motivational Programme (SMP) is designed to enhance the offenders' motivation to understand their offending and assist them to learn how to make positive changes in their attitudes and behaviour.

In particular, the programme includes components to increase offenders' problem awareness and recognition, reduce ambivalence, address cognitive distortions, consider options and formulate goals. It focuses on increasing offenders' commitment/motivation to change rather than teaching them how to change.

The expected outcomes for offenders who complete the SMP are:

- to recognise the behaviours that contribute to their offending.
- be motivated to address the factors that contribute towards their offending.
- be able to formulate goals which will assist them to become offence free.
- be motivated and prepared to participate in other rehabilitation programmes /supports in prison or in the community, which address the factors that contribute towards their offending.

### TARGET GROUP

Men and women who display low motivation to address their offending behaviour/attend rehabilitative programmes.

### ELIGIBILITY CRITERIA

- Age: Any
- Gender: Male and Female

- Risk: Men and women with a RoC\*RoI up to 0.69 not serving current sentence for sexual offences. **Note:** Men and women with historical sexual convictions may be accepted into the programme on a case-by-case basis. The override process is managed regionally. Men and women with a RoC\*RoI 0.7 and above or an index sexual offence should be referred to Psychological Services with the SMP-R identified as the reason for referral. Note: the local Manager Psychological Services should be consulted prior to the referral to discuss the suitability of the referral.

## LOCATIONS AVAILABLE

All Prison [except SHCF] and Community sites.

## SECURITY CLASSIFICATION

Any.

## DURATION

5 structured sessions, 1 per week, each session approximately 1 hour.



## Head Start

Head Start is a brief group intervention designed to help participants develop basic skills and coping mechanisms that can enhance an individual's wellbeing and support them in identifying positive changes they can make to their lives. It will assist participants to manage difficult emotions, behaviours and thoughts; improve relationship skills; and enhance decision making skills. Head Start was previously called Behavioural Skills Programme.

While the programme *does not* focus on offending, it does provide participants with the opportunity to develop basic skills and coping mechanisms that can be used to navigate life both in prison and in the community. The programme aims to support/enhance treatment readiness and target barriers to engagement in higher intensity, offence focused treatment. Such barriers may include behaviours that maintain a higher level of security classification and hinder progression, and concerns about working in a group environment. The programme can prepare participants for engagement in more targeted, offence focused treatment such as the Medium Intensity Rehabilitation Programme. However, the programme *does not* target motivation and commitment to engage in offence focused treatment.

## TARGET GROUP

Men.

## ELIGIBILITY CRITERIA

- Age: 17 and over.
- Gender: Male/located in a men's prison.
- Risk: Men with a RoC\*RoI 0.3 to 0.69 not serving a current sentence for sexual offences. **Note:** Men and women with historical sexual convictions may be accepted into the programme on a case-by-case basis.

## LOCATIONS AVAILABLE

Christchurch Men's Prison, Auckland Prison with others on occasion dependent on resource and need.

## SECURITY CLASSIFICATION

Any.

## DURATION

11 group sessions, 2.5 hours long, 3 to 4 times per week.

## Psychology Programmes

### HIGH INTENSITY PSYCHOLOGY PROGRAMMES (HIPP) SERVICE LIST

- The High Intensity Psychology Programmes (HIPP) Service List, draws data from COBRA to identify individuals who meet the eligibility criteria, as determined by the business rules, for all Psychology Programmes. Those eligible are placed on the HIPP Service List. The following criteria are generally used:
  - Age
  - Gender
  - Static risk rating
  - Offence and victim type
  - Relevant previous offences
  - Qualifying sentence length
  - Time left on sentence
  - Security classification
- Individuals can also be manually added if they meet criteria.
- Case managers and psychologists are encouraged to send advice about individuals they identify as suitable for possible selection to the psychologist managing the scheduling or the Manager Psychological Service concerned.

### OFFENDER PLAN

- Case managers and schedulers are notified of the treatment start by the Psychology Programme staff, and this information is uploaded into IOMS and onto the Offender Plan.
- If required, the Psychology Programmes staff will request for the individual to be transferred by Prison Services to the prison/unit where delivery is taking place (e.g, STU).

## SPECIAL TREATMENT UNIT PROGRAMMES – PRISON (OVERVIEW)

The key function of Special Treatment Units (STUs) is to provide specialist, high-intensity treatment to people serving prison sentences who meet the eligibility criteria.

### SPECIAL TREATMENT UNITS

- Psychological treatment in a STU is completed in a unit that is created around a therapeutic community (TC) environment. This environment is designed to support and encourage reliable prosocial change.
- A TC is a modality of change and provides a structure to assist in the management of the complex social environment in a high intensity treatment programme, so it remains therapeutic. The TC is primarily a behavioural intervention, that supports treatment generalisation and maintenance of treatment skills. This environment provides structure and processes for all group participants and staff within the unit to follow. A TC includes other activities to support change and treatment skills practice, including for example, community meetings and activities, reintegration planning, structured days and employment opportunities.

### TARGET GROUP

- Men who have a repetitive pattern of violent offending behaviour and high risk/needs (STU VO see below). These individuals often have multiple and complex rehabilitative needs and responsivity issues that cannot be adequately addressed in less intensive treatment programmes or interventions. Targeting specialist STU input to the higher risk group matches the risk principle. The needs of this group are addressed at Karaka (Waikeria Prison), Puna Tatari (Springhill Prison), Matapuna (Christchurch Men's Prison), and Te Whare Manaakitanga (Rimutaka Prison) Special Treatment Units. Those with community-based sentences can access treatment through Tai Aroha Special Treatment Unit (Hamilton).
- Men who have sexually offended against adult victims (STU AO see below) who have been assessed as high risk and have multiple treatment needs. Assessment and treatment of men who have sexually offended against adult victims is a specialist area. This programme is run periodically at Karaka (Waikeria Prison), Puna Tatari (Springhill Corrections Facility), and Matapuna (Christchurch Men's Prison) STUs. Matapuna has piloted a Medium Intensity Programme (~150 hours of group therapy) for people assessed as average/medium risk with a moderate number of treatment needs.
- Men who have sexually offended against child victims (STU CSO see Sexual Offending section). Assessment and treatment of men who have sexually offended against children is a specialist area. Two programmes are offered at Te Piriti at Auckland Prison and Kia Marama at Rolleston Prison to accommodate a range of risk and need level. The High Intensity Programme (~300 hours of group therapy) is offered to people assessed as high risk and who have a number of treatment needs. The Moderate Intensity Programme (~150 hours of group therapy) is for people assessed as average or moderate risk with a moderate number of treatment needs. *The Short Intervention Programme previously offered at Auckland Prison and Rolleston Prison was discontinued, with the last programme taking place in 2023.* The needs of men with lower risk/needs are best met through traditional case management processes, providing reintegration strategies and support.
- Te Waihora is a 31-bed Therapeutic Community for women at Christchurch Women Prison (CWP) that opened the 31<sup>st</sup> of May 2024 and that offers a wide range of rehabilitative treatment programmes designed to address the diverse needs of the women. These include the new redesigned Kimihia high intensity programme, the Kowhiritanga and the Short



Rehabilitation Programmes, as well as behavioural skills groups and individual interventions. Access to the unit is based on individual assessments of risk and needs and suitability for the unit

- Ad hoc requests:
  - Ad hoc requests will be identified by the requesting agency and will be subject to the approval of the STU Manager Psychological Services.



# Sexual Offending

## Short Intervention Programme for Child Sexual Offending (SIP CSO) now discontinued

Rationale: People assessed in the lowest risk bands will not derive measurable benefit from offence-focused interventions. The 5-year sexual recidivism rate for people assessed as Level I-very low risk is 1.9% (ASRS-R of -3) and the rate for those assessed as Level II-below average risk is 3.7% (ASRS-R of -1 and -2). That means for every 100 people assessed as level I, 98.1% of them will not reoffend within five years on release. For those assessed as level II, 96.3% of that cohort will not reoffend within five years on release. The rate of sexual reoffending is so low for these two groups that they will derive no measurable benefit from offence-focused interventions.<sup>1</sup> Several researchers<sup>2 3</sup> have suggested that interventions for those assessed as low risk should focus on resettlement and reintegration, noting as well that these goals are also more in line with the strengths-based approaches and are more consistent with Te Ao Māori worldview.

Furthermore, the research suggests that people at the lowest risk band are at no greater risk than “spontaneous first-time offending for people without a criminal record”<sup>4</sup>. As such, there would be no greater rationale to offer sex offence specific treatment to those with non-sexual offending than there would to those in the lowest risk band for sexual offending. Those falling in the next lowest risk band (i.e., Level II), still have a below average risk for sexual reoffending. By virtue of their assessed risk and need, people in this group have only one or two criminogenic needs but likewise would not require an offence-focused psychological intervention. “The most appropriate strategy for working with Level II people is simple, traditional case management to monitor compliance ... the focus should be on short-term interventions with an emphasis on problem solving and assistance in accessing community services.”<sup>5</sup>

Case Managers have undergone training to support them to use the strategies and tools they already use with other types of offending, to work with people who have sexual offending against children and are assessed as lower risk.

<sup>1</sup> Hanson, K. & Yates, P.M. (2013). Psychological Treatment of Sex Offenders. *Current Psychiatry Reports*. 15:348. doi: 10.1007/s11920-012-0348-x

<sup>2</sup> Hanson, R.K., Bourgon, G., Helmus, L., & Hodgson, S. (2009). The principles of effective correctional treatment apply to sexual offenders: A meta-analysis. *Criminal Justice and Behaviour*, 36 (9), 865-891 doi: 10.1177/0093854809338545

<sup>3</sup> Wakeling, H.C., Mann, R.E. and Carter A.J. (2012). Do low-risk sexual offenders need treatment? *Howard Journal of Criminal Justice*, 51(3), 286-299. 10.1111/j.1486-2311.2012.00718.x

<sup>4</sup> Hanson, R. K., Bourgon, G., McGrath, R. K., Kroner, D., D’Amora, D. A., Thomas, S. S., & Tavaréz, L. P. (2017). *A five-level risk and needs system: Maximizing assessment results in corrections through the development of a common language*. New York, NY: The Council of State Governments Justice Center.

<sup>5</sup> Ibid

## Special Treatment Unit: Moderate Intensity Programme for Sexual Offending

The Moderate Intensity Programme (MIP) for sexual offending provides a group-based intervention for people with harmful sexual behaviour who have been assessed with moderate risk and need. The programme has been piloted across two STU's for sexual offending against children and one STU for sexual offending against adults.

The programme is delivered by therapists from the Kia Marama, Te Piriti and Matapuna STUs within independent prison units. These units operate as community of change environments.

This intervention is approximately 6-7 months in duration, and this includes 4-weeks for a comprehensive psychological assessment, 150 hours (5 months) of group-based treatment intervention and 4-weeks for post-treatment psychological report preparation. Within the group-based intervention the men will have an opportunity to develop insight into their offending through the preparation of an offence

Where psychological assessment indicates a higher level of recidivism risk (above average to well above average) an override to the high intensity STU CSO programme will be undertaken.

### TARGET GROUP AND SELECTION PROCESS

- The national HIPP service list automatically identifies individuals eligible for the CSO-MIP. While the ASO-MIP is in pilot phase, eligible individuals are identified manually.
- Te Piriti and Kia Marama Managers Psychological Service (MPS) are responsible for scheduling individuals to undertake the Moderate Intensity Programme in a fair and timely manner. Those who have exceeded, or are within 2 years of their PED, are considered a priority.
- If the programme for people who offend against adults is expanded following the pilot, the same process will be undertaken by Matapuna, Karaka and Puna Tatari STUs.
- If assessed as suitable (e.g., motivated to attend, accepting responsibility for their offending, able to work in a group setting), individuals are allocated to a programme.

## ELIGIBILITY CRITERIA

- Age: 20 years and over (18–19-year-olds are considered on a case-by-case basis)
- Gender: Male/housed within men's prison
- Assessed as average/moderate risk of sexual reoffending (e.g., an ASRS-R score 0, 1 or 2 or through psychological assessment override). Individuals who have an ASRS-R score of 3 and who psychologists assess as **not** requiring a high intensity treatment programme will also be considered.
- Child sexual offending - At least one conviction for a child sexual offence or admits to child sexual offending (male or female victims).
- Adult sexual offending – At least one conviction for sexual offending against an adult (female).
- Individuals with a sentence of Preventive Detention or a Life sentence would be considered on a case-by-case basis for the MIP programme.
- Must have enough time remaining on their sentence to complete the programme which would likely be at least twelve months to allow for triage, scheduling, transfer, assessment, programme completion and post-treatment report.

## SECURITY CLASSIFICATION

Minimum to low-medium.

## LOCATIONS AVAILABLE

Available in prison only: CSO at Rolleston Prison and Auckland Prison. ASO at Matapuna (currently)

## DURATION

The length of the entire intervention is approximately 7 months.



## Special Treatment Unit: High Intensity Programme - Child Sexual Offending

The two Special Treatment Units (STUs) for child sexual offending are: Kia Marama at Rolleston Prison and Te Piriti at Auckland Prison.

They are both high-intensity programmes that deliver group-based treatment within a therapeutic environment for men with convictions for sexual offences against children (male or female). Their aim is to reduce re-offending by:

- motivating men to want to change by addressing the risks and effects of their individual offending.
- reducing the recidivism risk of men who have sexually offended against children, using intensive group treatment that targets risk factors associated with re-offending.
- increasing the safety for children in society by providing the participants with life-long skills that will assist them to manage their risk factors.

The programme includes constructing an offence map, challenging attitudes and thinking that support offending, managing emotions and behaviour, managing relationships and managing conflicts, as well as developing safety plans. The programme helps participants to understand their offending, while motivating them to learn new skills that will help them manage future risk. Each participant therefore has an individually formulated treatment plan that identifies all offence related factors/needs, some of which may be addressed in individual treatment. Behavioural interventions are also used within the structured community of change environments in these units.

### TARGET GROUP

Those convicted of, or have admitted to, one or more sexual offences against someone under the age of 16, or offences related to child sexual abuse images and are assessed as having high treatment needs and at least moderate-high risk of reoffending.

### ELIGIBILITY CRITERIA

- Age: 20 years and over (18-19 year olds are considered on a case-by-case basis)
- Gender: Male/those housed in men's prison
- Considered to be at least above average or well above average risk of reoffending or as requiring high intensity treatment (e.g., ASRS-R score of 3 or higher or through psychological assessment override).

- All men with relevant convictions on indeterminate sentences (i.e. life or preventive detention) should be automatically waitlisted regardless of their RoC\*RoI or ASRS-R. Further screening/assessment will determine the most appropriate treatment pathway for each individual.
- At least one conviction for a child sexual offence or offences related to child sexual abuse images (index or prior history) (male or female victims).
- Other considerations:
  - The individual should have at least moderate-high rehabilitative needs as indicated by a psychological assessment.
  - The individual must undergo assessment by STU psychologists over a 4-week period once they are scheduled for a treatment programme.
  - At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues, physical limitations, motivational deficits or major mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme.
- Adapted programmes are infrequently run for those with intellectual difficulties.
- **Prison sentence length sufficient to complete the treatment programme (approximately 2 years or more).**
- If re-referred to the programme, the individual needs to be considered 'ready' to undertake the programme, including that the reasons for their previous non-completion have been addressed.

## SECURITY CLASSIFICATION

Minimum to low-medium.

## LOCATIONS AVAILABLE

The programme is delivered internally at two STUs for Child Sexual Offending:

- Kia Marama at Rolleston Prison
- Te Piriti at Auckland Prison

Note: an adapted version of the programme is available for those whose cognitive functioning and responsivity issues indicate that they would benefit from a more experiential learning environment with reduced literacy demands





## DURATION

Each group contains 10 participants, who meet for 2.5-hour sessions, 3 times a week for 35 weeks (95 sessions total) in addition to other therapeutic community activities. The entire programme takes approximately 9-12 months, as it includes an intensive pre- and post-treatment assessment period. Reintegration and safety planning are included as part of the programme.

## Special Treatment Unit: Adult Sexual Offending

The STU ASO is designed for male prisoners who have are considered to be at a high risk of sexual re-offending, and have convictions for sexual offences against adults. The programme is a group-based programme that involves individuals actively learning the skills necessary to live without further offending.

The programme includes constructing an offence map, challenging attitudes and thinking that support offending, managing emotions, managing relationships and managing conflicts, as well as developing safety plans. The programme helps men to understand their offending, while motivating them to take full responsibility for addressing and managing their offending patterns and the problems linked with their offending. Each participant therefore has an individually formulated treatment plan that identifies all offence related factors, some of which may be addressed in individual treatment. Behavioural interventions are also used within the structured community of change environments in these units.

### TARGET GROUP

People with sexual offences against an adult female.

### ELIGIBILITY AND ENTRY CRITERIA

- Age: 20 years and over (18 to 19 year-olds are considered on a case-by-case basis)
- Gender: Male/those housed in men's prison.
- Considered to be at least above average or well above average risk of reoffending or as requiring high intensity treatment (e.g., ASRS-R score of 3 or higher, or through psychological assessment override).
- At least one index or previous conviction for an adult sexual offence.
- All men with relevant convictions on indeterminate sentences (i.e. life or preventive detention) should be automatically waitlisted regardless of their RoC\*RoI or ASRS-R score. Further screening/assessment will determine the most appropriate treatment pathway for each individual.
- Medium to high rehabilitative needs

- Other considerations:
  - Sentenced to more than 2 years.
  - At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme.
  - Sufficient time to complete the programme.
- Motivated to attend the programme and be honest about their offending and open to changing problematic patterns of behaviour.

## SECURITY CLASSIFICATION

Minimum to Low Medium

## LOCATIONS AVAILABLE

One treatment group a year is run at their Special Treatment Units situated at three male prison facilities:

- Karaka Unit at Waikeria Prison
- Puna Tatari at Spring Hill Corrections Facility
- Matapuna at Christchurch Men's Prison

To participate in this intervention, men will transfer to the designated site to attend the programme.

## DURATION

Approximately 8 months: 3 times a week for 82 sessions of 2.5 hours, plus other therapeutic community activities. Taking account preparation phase of the programme and of pre- and post-treatment assessment requirements, a minimum of one year is usually required to complete the core treatment.

## Special Treatment Unit: Violent Offending

The STU VO is divided into four phases broadly based on Livesley's integrated framework for the treatment of personality disorders. The phases include: safety and containment (12 sessions); control and regulation (12 sessions); exploration and change (45 sessions); and, integration and synthesis (12 sessions).

The programme includes constructing an offence map, challenging attitudes and thinking that support offending especially violence propensity, managing emotions, managing relationships and managing conflicts, as well as developing safety plans. The programme helps individuals to understand their offending, while motivating them to take full responsibility for addressing and managing their offending patterns and the problems linked with their offending. Each participant therefore has an individually formulated treatment plan that identifies all offence related factors, some of which may be addressed in individual treatment. Behavioural interventions are also used within the structured community of change environments in these units.

### ELIGIBILITY CRITERIA

- Age: 20 years or older (18–19-year-olds can be considered on a case-by-case basis).
- Gender: Male/housed in the men's prison.
- Considered to be at a high risk of reoffending or as requiring high intensity treatment (e.g., RoC\*RoI 0.7 or above or through psychological assessment override).
- Index or previous sentence/s for violent offending
- All men with relevant convictions on indeterminate sentences (i.e., life or preventive detention) should be automatically waitlisted regardless of their RoC\*RoI. Further screening/assessment will determine the most appropriate treatment pathway for each individual.
- Individuals with historical sexual convictions *may* be accepted into the programme on a case-by-case basis in consultation with Psychological Services. However, the violent offending is currently prioritised for treatment.
- High rehabilitative need for violence.
- Prison sentence length sufficient to complete the treatment programme (approximately 2 years or more).

**Other considerations:** Undergo an extensive assessment by the therapy team at the unit. At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme. Adapted programmes are infrequently run for those with significant intellectual difficulties.

## SECURITY CLASSIFICATION

Minimum to Low-Medium.

## LOCATIONS AVAILABLE

The programme is delivered by Psychological Services and located in Special Treatment Units at four prisons for men:

- Karaka at Waikeria Prison
- Puna Tatari at Spring Hill Corrections Facility
- Te Whare Manaakitanga at Rimutaka Prison
- Matapuna at Christchurch Men's Prison

To participate in this intervention, individuals will need to transfer to the programme location where scheduled.

## DURATION

Group: Approximately 84 sessions – 2.5 hours, 3 days a week, plus other therapeutic community activities.

Taking into account the preparation phase of the programme and of the pre- and post-treatment assessment requirements, a minimum of one year is usually required to complete the core treatment.



## Special Treatment Unit: Violent Offending - Tai Aroha – Community

Tai Aroha is a tikanga based high intensity Special Treatment Unit in central Hamilton offering a 16-week violence prevention programme, for up to 10 participants at any time. It offers a residential therapeutic community for men of all cultures and nationalities, providing residents with an intensive therapeutic programme. The participants also have access to mental health clinicians, health and wellbeing activities, education, and planning for employment.

Target participants are male, considered to be at a high risk of committing further violence, and serving community sentences of Home Detention or Intensive Supervision, who have multiple treatment needs related to violent and non-violent offending. Men who are serving custodial sentences of less than two years, and who have Leave to Apply for Home Detention, will also be considered.

The programme includes constructing an offence map, challenging attitudes and thinking that support offending especially violence propensity, managing emotions, managing relationships and managing conflicts, as well as developing safety plans. The programme helps men to understand their offending, while motivating them to take full responsibility for addressing and managing their offending patterns and the problems linked with their offending. Each participant therefore has an individually formulated treatment plan that identifies all offence related factors, some of which may be addressed in individual treatment. Behavioural interventions are also used within the structured community of change environments in these units.

The programme aims to provide a culturally responsive rehabilitation experience, in particular for Māori participants, by respecting and incorporating Tikanga Māori. However, the programme is not exclusively for Māori. Whānau or other support people can play an important role. Participants are followed up and supported after the programme by the team to help facilitate a smoother integration back into the community.

The programme is delivered in an 'open rolling format'. This means participants will be joining the programme at different times and as a placement becomes available. The open rolling format means that participants may be at different stages of the programme at any given time. The programme comprises four phases: assessment and orientation; core group treatment; treatment progression and access to approved activities outside Tai Aroha; graduation and reintegration support.

## ELIGIBILITY CRITERIA

- Age: 20-40 years (18–19-year-olds can be considered on a case-by-case basis)
- Gender: Male
- Considered to be at a high risk of reoffending or as requiring high intensity treatment (e.g., RoC\*RoI 0.7 or above or through psychological assessment) override.
- Violent index, previous sentences for violent offending, or undetected history of violence.
- Individuals with historical sexual convictions *may* be accepted into the programme on a case-by-case basis in consultation with Psychological Services. However, the violent offending is currently prioritised for treatment.
- Men serving sentences of Home Detention or Intensive Supervision in the community. Men serving short custodial sentence (less than two years) who have Leave to Apply for Home Detention will also be considered.
- Eligible individuals will have at least four months left on their Home Detention or Intensive Supervision sentences at the time of programme commencement.
- **Other considerations:** Undergo an extensive assessment by the therapy team at the unit. At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme. Adapted programmes are infrequently run for those with significant intellectual difficulties.

## SECURITY CLASSIFICATION

N/A

## LOCATIONS AVAILABLE

- Hamilton

## DURATION

Group: 16 weeks intensive, 4 days a week, plus additional therapeutic community activities.

## Short Violence Prevention Programme (SVPP) Group/Individual

The SVPP was designed by the Department of Corrections psychologists to support men with high risk/needs and who are serving short prison sentences or have limited time left on their sentence. The aim is to explore unhelpful patterns of thinking, responding, and behaving in order to break their cycle of re-imprisonment.

The importance of providing interventions to individuals who present with a high risk of reoffending has been well documented (e.g., Andrews & Bonta, 2016), and the STU VO is the Department's current flagship rehabilitative programme for these individuals. The STU VO applies an intensive therapeutic framework to addressing the complex offence-focused needs of men serving prison sentences. However, as a minimum of nine months is usually required for men to complete the core treatment components of the STU VO, access to this programme is restricted to those serving a sentence of more than two years. Consequently, the STU VO is not an accessible rehabilitation pathway for men serving sentences of less than two years.

### TARGET GROUP

The SVPP is a 26-session group-based treatment that targets the criminogenic needs of men with high risk/needs serving short sentences of imprisonment.

### ELIGIBILITY CRITERIA

- Age: 18 or older
- Gender: Male/housed in a men's prison
- Considered to be at a high risk of reoffending or as requiring high intensity treatment (e.g., RoC\*RoI 0.7 or above or through psychological assessment override).
- Index or previous sentence/s for violent offending.
- Individuals with historical sexual convictions *may* be accepted into the programme on a case-by-case basis in consultation with Psychological Services. However, the violent offending is currently prioritised for treatment.
- Sentence length of less than 2 years. Those with sentences over 2 years can be considered case-by-case if they no longer have enough time to complete STU VO, or they are currently high security and will not have time to reduce their classification and attend a STU VO.
- Sufficient sentence length remaining to complete the treatment programme, approximately four months or more of imprisonment remaining prior to SRD.

## SECURITY CLASSIFICATION

Mixed security classifications: Minimum to High.

## LOCATIONS AVAILABLE

Currently available at Otago Corrections Facility, Waikeria and Rimutaka Prison.

Also being rolled out in additional locations, with Auckland prison in the near future.

## DURATION

- 4 months, which includes pre-programme assessment and preparation, core treatment (26 sessions – 3 hours, 3 days a week), and post-programme assessment
- Individual sessions will be used to support delivery of the core programme content and to address any treatment barriers.

During the context of COVID-19 restrictions and custodial staff shortages the Group-based programme was amended to be delivered on an individual basis.

## Kimihia (Women's High Intensity Programme)

The Kimihia programme is designed to meet the needs of women (wāhine) who are serving a sentence of imprisonment and who have who are a high risk of reoffending and coming back into Ara Poutama's care. The programme aims to support women to navigate a healthy, crime-free lifestyle for themselves and their whānau.

Kimihia is a bicultural rehabilitation treatment programme which weaves together Te Ao Māori and Western approaches to rehabilitative treatment. The placement of participants into the programme is subject to a psychological suitability assessment. The programme is approximately eight months duration.

The programme comprises group and individual sessions, whānau engagement, reintegration and wrap-around support.

The group component covers a range of treatment areas. The programme is founded on Maturanga Māori, including pūrākau, Maramataka and Romiromi healing, and weaves the Waka Waioira wayfinding journey with western psychological approaches to rehabilitation. These include cognitive self change, emotional management, distress tolerance strategies, interpersonal effectiveness, and relapse prevention.

The Kimihia programme runs for approximately 30 weeks (eight months) with four days a week of group sessions, additional individual sessions and wrap-around activities and support.

### TARGET GROUP

- High-risk/high-need women who are serving a sentence of imprisonment, or those who have violence index offending, and/or have a prior history of persistent violent behaviour and/or have engaged in violence during incarceration.

### ELIGIBILITY CRITERIA

- Aged 20 years or older.
- Female (or in a women's prison).
- Sentenced to imprisonment.
- Assessed at high risk of reoffending or as requiring high intensity treatment (e.g., RoC\*RoI 0.5 or above or through psychological assessment).
- Women with RoC\*RoI under 0.5 who have violence index offending, and/or have a prior history of persistent violent behaviour and/or have engaged in violence during incarceration are also eligible.
- Those with indeterminate sentences (e.g., life, preventive detention) are eligible but would undergo assessment to determine their treatment need.
- Sufficient sentence length remaining to complete the treatment programme



#### Exclusion criteria

- Index sexual offences.
- At times a potential participant may have significant responsivity barriers (e.g., acute mental health issues significantly affecting their functioning, etc.) which may need to be addressed or managed prior to engagement in the programme.

## SECURITY CLASSIFICATION

All security classifications.

Mixing of classification when appropriate and if appropriate to the facility where the programme is held.

## LOCATIONS AVAILABLE

Christchurch Women's Prison (CWP) – Te Waihora Unit.

Auckland Region Women's Corrections Facility (ARWCF)

## DURATION

- The group programme is approximately eight months long.
- Individual sessions will be used to support delivery of the core programme content and to address any treatment barriers.
- Prior to this the participants are required to take part in a suitability assessment and potentially some additional work to prepare them for group therapy. Following the group treatment, participants will engage in maintenance sessions and receive further follow up.

## Young Adults' Intervention (YAI)

This framework is designed to provide young adult males (aged 18-24 years), who are assessed as high risk of reoffending or as requiring high intensity treatment, the opportunity to engage in an evidence-based, therapeutic and culturally responsive intervention. It can be delivered individually or in group format. Participants will develop skills to manage attitudes, thoughts, emotions, and behaviour that lead to offending and disruptive prison behaviour.

The individual version of the YAI is tailored to the client's specific needs/responsivity barriers and location. Young adults will be supported to continue with their appropriate rehabilitation pathway beyond the individual engagement either in prison or the community. As such it is flexible and responsive to the young adult's availability, and particular responsivity barriers such as reducing security classification.

### TARGET GROUP

The programme is designed to provide treatment for young men (aged 18-24 years), who are at a high risk of acquisitive, general, sexual or violent reoffending<sup>6</sup>.

### ELIGIBILITY CRITERIA

- Age: 18-24 years of age (25–27-year-olds on a case-by-case basis)
- Gender: Male/housed in a men's prison.
- Assessed at high risk of reoffending or requiring high intensity treatment (e.g., RoC\*RoI 0.7 or above or through psychological assessment override).
- Not eligible for the STU-VO or SVPP, and/or require preliminary intervention to enhance readiness to attend these programmes.
- Prison sentence length sufficient to complete the treatment programme (approximately 14 weeks [depending on risk and need] remaining before SRD).

---

<sup>6</sup> Note: we have included young men with violent convictions if they do not meet the criteria/threshold for the STU:VO or the SVPP, or STU:ASO in the case of sexual offending.

## SECURITY CLASSIFICATION

YAI (individual) can be delivered from minimum to maximum security.

## LOCATIONS AVAILABLE

The YAI is available in all prisons,

## DURATION

The individual intervention may vary in duration on a case-by-case basis, depending on treatment goals and needs, so no time constraints apply.

### NOTE:

When demand and availability allow, the YAI can be delivered in a group format. The Young Adults Group Intervention (YAGI) is a rolling group programme with no fixed start dates, beginning in prison and transitioning men into the community phase.

Groups may be composed based on operational viability and clinical need of participants (e.g., sexual, violent, acquisitive, adapted etc). In prison, the YAGI involves up to 4 weeks pre-treatment assessment phase and approximately 12 weeks core treatment (depending on risk and need). Ideally, they have a minimum of 14 weeks remaining before SRD.

## High Risk Personality Programme-Revised

The High Risk Personality Programme - Revised (HRPP-R) was designed to address a gap in rehabilitative programmes for men housed in maximum security (Auckland Prison) and high security (previously Christchurch Men's Prison) units with significant and ongoing behavioural difficulties, which may be linked with challenging personality characteristics. The programme provides a flexible, intensive, rehabilitative treatment option for men who have remained at maximum or high security classifications for lengthy periods and are having difficulties reducing their classification due to ongoing concerns about their behaviour management. Specific goals of the programme include:

- Engaging and motivating men classified as high/maximum security, and who are at high risk of reoffending, in meaningful rehabilitative activities.
- Providing participants with the insight and skills to reduce their rate of violent misconduct and disruptive behaviours.
- Enabling a greater opportunity for participants to develop a stable history of institutional behaviour to allow justifiable reductions in their classification.
- Assisting participants to identify meaningful and achievable pathways out of high and maximum-security environments and into other rehabilitative and re-integrative opportunities during their imprisonment.

### TARGET GROUP

Males housed in maximum security (Auckland Prison) with significant and ongoing behavioural difficulties, which may be linked with challenging personality characteristics.

### ELIGIBILITY CRITERIA

- Age: 20 or older (18–19-year-olds can be considered on a case-by-case basis).
- Considered to be at a high risk of reoffending or as requiring high intensity treatment (e.g., RoC\*RoI 0.7 or above or through psychological assessment override).
- High or maximum-security classification
  - Lower security individuals (e.g. low-medium classification) who are housed in a high security environment due to behavioural management issues may be considered for the HRPP-R if they are likely to remain in the higher security environment for the duration of the programme/Phase.
- Men who are expected to be available to attend the programme for **at least Phase One (three months)** of the three-phase programme (which is approx. 11 months in total).
- Other considerations:



- Auckland runs groups of maximum 5 participants due to room capacity.
- Christchurch runs programmes of maximum 10 participants.

## SECURITY CLASSIFICATION

High to Maximum

## LOCATIONS AVAILABLE

Auckland Prison

## DURATION

The full programme is three phases of approximately 3-4 months per phase - 2.5 hours, 3 days a week, plus 1-hour individual therapy per week. However, most participants need to complete only Phase 1 or 2 before being able to lower their security classification and/or improve their institutional behaviour. Hence, typically treatment is 3 – 6 months and then participants can be referred to other applicable treatment in lower security settings (e.g., STU VO), when applicable.



## Harmful Sexual Behaviour Against Children (community-based)

The aim of the programme is to help individuals reflect on their harmful sexual behaviour and develop a lifestyle away from such behaviour in the future. The programme provides individual, group and family counselling and support, as well as advice for partners and/or whānau/family members.

Treatment length and type will depend on the individual's assessed risk and needs. Typically, the length of treatment is approximately 6-12 months. For higher risk individuals, youth, and individuals with learning disabilities/low cognitive functioning; a longer period of treatment may be recommended.

Individuals will also periodically undertake system reviews. System reviews provide whānau and other supports an opportunity to give feedback on the individual's progress, risks and other issues. It is expected that Probation Officers will participate and contribute actively to system reviews.

### TARGET GROUP

- Men. (Females are accepted on a case-by-case basis with approval from Senior Advisor HSB)
- Average risk (dynamically rated): Placements are limited to clients in the Average and above risk ratings. ASRS-R is used as an initial triage tool (between -3 and 4) but clinical factors are then used to evaluate official information (JSN, PSOF) for concerning features.
- Must have a conviction for a sexual offence against a child (victim under 16-years old). This includes both contact and non-contact offending – i.e., online offending and child sexual exploitation material.
- Exclusions:
  - Most clients on an Extended Supervision Order (ESO) or Public Protection Order (PPO). These clients will need to be referred to their local Corrections Psychologist Office except in rare and negotiated circumstances.
  - Clients who have satisfactorily completed their recommended treatment already.

### LOCATIONS AVAILABLE

The four providers deliver services in the following locations:



- Safe Network (Kaitiaia, Whangarei, Waitemata, Auckland, Manukau, Hamilton, and Tauranga)
- Korowai Tumanako (Auckland, Northland)
- WellStop (Wellington, Palmerston North, Taranaki and Napier)
- STOP (Christchurch, Dunedin and Nelson)

When treatment is unavailable in your location (and the individual is unable to travel) alternative options should be discussed with Senior Advisor, Harmful Sexual Behaviour (HSB) at National Office **Outside of Scope**

## DURATION

- Individuals must have sufficient time left on community-based sentence to enable completion of assessment and treatment (a typical programme takes 6-12 months).