

07 April 2021

C130130

s9(2)(a)

Tēnā koe s9(2)(a)

Thank you for your email of 24 December 2020, requesting various information regarding cognitive-behavioural therapy. Your request has been considered under the Official Information Act 1982 (OIA).

You requested:

*In the overview section it talks about the need for "expanded investment". Can you please tell me if this has happened?*

*Also in the overview are costings. Are these up to date? Can you please provide a breakdown of the current spends for the years 2016, 2017, 2018, 2019 and 2020?*

Corrections has expanded our investment in cognitive-behavioural therapy programmes from 2015 to 2019/20. Please find the costs in the table below, broken down by financial year.

Cognitive Behavioural Therapy Programmes	2015/16	2016/17	2017/18	2018/19	2019/20
Costs (in millions)	\$25.043	\$25.703	\$29.163	\$33.020	\$35.370

*Under the heading Does Cognitive-Behavioural Therapy Reduce Crime, it gives a series of figures for different courses. Does Corrections have up to date information on this? If so, can you please provide the stats for the years 2016, 2017, 2018, 2019 and 2020?*

Corrections' Annual Reports contain a Rehabilitation Quotient, which is a tool used by Corrections to measure the impact that our interventions have on reoffending. The Rehabilitation Quotient can be found on page 169 of Corrections' Annual Report 2019/20, which is available on our website at the following link:

[www.corrections.govt.nz/data/assets/pdf\\_file/0018/42273/Annual\\_Report\\_2019\\_2020.pdf](http://www.corrections.govt.nz/data/assets/pdf_file/0018/42273/Annual_Report_2019_2020.pdf).

Previous Annual Reports are available at the following link:

[www.corrections.govt.nz/resources/strategic\\_reports/annual-reports](http://www.corrections.govt.nz/resources/strategic_reports/annual-reports).

*Can you also provide a number for the prisoners who took part in each course over each year?*

Please find the requested information in the table below.

Programme	2015-2016	2016-2017	2017-2018	2018-2019	2019-2020
Special Treatment Unit Adult Sexual Offending	33	33	30	32	10
Special Treatment Unit for Men with Sexual Offending Against Children	83	76	59	86	68
Head Start	-	-	-	210	169
High Risk Personality Programme	-	-	9	21	5
Kimihia: Women's Violence Prevention Programme	-	-	8	5	17
Individual Psychological Treatment <sup>1</sup>	426	497	590	594	475
Short Intervention Programme Child Sexual Offending	65	71	92	164	82
Special Treatment Unit for Men with Violent Offending	156	150	122	139	107
Short Violence Prevention Programme	-	-	-	22	19
Short Rehabilitation Programme <sup>2</sup>	691	435	374	284	228
Medium Intensity Rehabilitation Programme	336	361	406	399	365
Burglary Prevention - Medium Risk	-	-	8	50	13
Kowhiritanga	30	48	138	130	63
Mauri Tū Pae	194	247	257	228	180
Saili Matagi	10	10	20	41	18
<b>Total</b>	<b>2,024</b>	<b>1,928</b>	<b>2,113</b>	<b>2,405</b>	<b>1,819</b>

The number of cognitive behavioural therapy programmes completed in the 2019/20 financial year was impacted by COVID-19. Group programmes were unable to operate during COVID-19 Alert Levels 3 and 4.

The delivery of programmes and fluctuations between years can be influenced by factors including available staff resource, available funding, operational circumstances and assessments of what programmes are the most effective for targeted groups. For example, focus on more intensive programmes found to be more effective, rather than some shorter programmes.

Information regarding rehabilitation programmes delivered by Corrections are also published in our Annual Reports. For further details of some of the programmes listed above, please refer to pages 62-65 of Corrections' Annual Report 2019/2020.

<sup>1</sup> Individual psychological treatment includes the use of cognitive-behavioural therapy and other psychological modalities of treatment. We are unable to confirm that cognitive behavioural therapy was used for all individuals as part of this treatment.

<sup>2</sup> The Short Rehabilitation Programme statistics include the versions for both men and women.

Please also note that this response may be published on Corrections' website. Typically, responses are published quarterly, or as otherwise determined. Your personal information including name and contact details will be removed for publication.

I trust the information provided is of assistance. Should you have any concerns with this response, I would encourage you to raise them with Corrections. Alternatively, you are advised of your right to also raise any concerns with the Office of the Ombudsman. Contact details are: Office of the Ombudsman, PO Box 10152, Wellington 6143.

Ngā mihi

A handwritten signature in black ink, appearing to be 'Topia Rameka', with a long horizontal line extending to the right.

Topia Rameka  
Deputy Chief Executive Māori