

Important information about drug and alcohol testing

For people with a special condition not to use alcohol or drugs

December 2020

You may be tested for alcohol or drugs.

This could happen if a judge or parole board has told you not to use alcohol or drugs.

Here's what you need to know:

Your probation officer might ask you to take an alcohol or drug test.
They will tell you what to do.



Probation Officer

Please take a test for alcohol or drugs.



You

Taking the test will help you show that you are clean and sober.



You

I took the test. It shows I am sober.

Well done, I can see you are doing well.



Probation Officer

If you are asked to take a test, you must do it. If you don't, your probation officer will decide what happens.



You

Not taking the test could mean...

- You need help to stay sober
- More report ins
- Breach

We can test you for all drugs and alcohol including:

- Beer
- Wine
- Weed/cannabis
- Synthetics
- Heroin
- MDMA
- Liquor (gin, vodka, rum etc)
- Meth
- Cocaine
- Prescription drugs that have not been prescribed to you by a doctor
- Anything else

If you want help to stay sober, you can talk to someone. You can talk to your probation officer, your whānau, or a counsellor.



You

I want to stay sober.
Who can help me?



Probation Officer



Your whānau



A counsellor

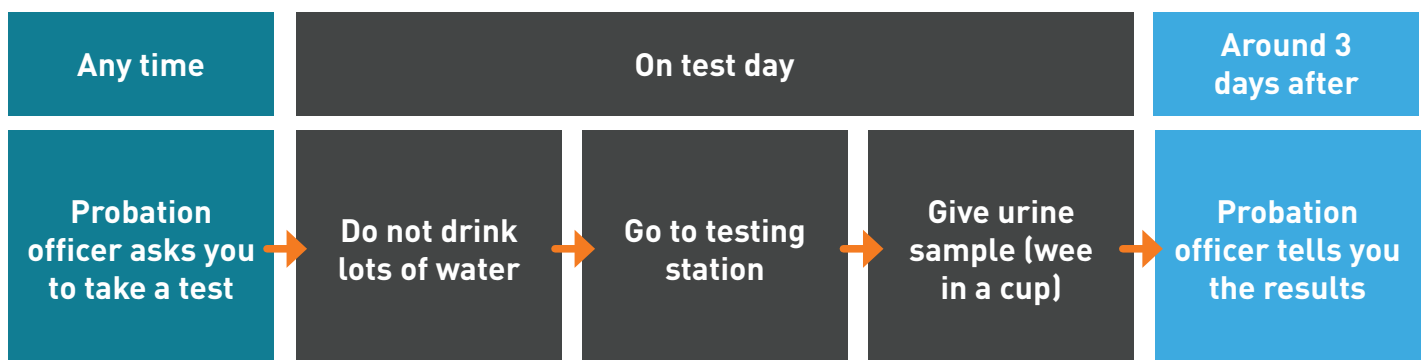
How? Call the RecoveRing support line 0800 678 789.

When? Anytime.

How? It's free and private.

If you are asked to take a test

What will happen?



The test will take place at a testing site or a van like this:



On the day of the test...

You must not:

- drink lots of water or other liquid. If you drink too much, you will need to take another test.



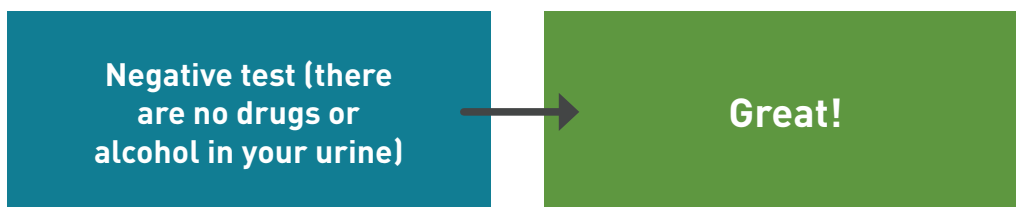
You must:

- go to the testing van
- show your ID (passport or driver's license). If you have no ID please talk to your probation officer who will help you get some.
- sign a form to show you agree to take the test
- show you are not hiding anything – empty your pockets, turn around, remove baggy clothes
- give a urine sample (wee in the cup)

After the test...

After around 3 days, your probation officer will tell you the result.

If the result is **negative**, it means you were clean and sober.



If the result is **positive**, it means there were drugs or alcohol in your body. Your probation officer will talk to you about what happens next.

